

LEGAL PUBLIC SCHOOL Newsletter



May 2023

IMPORTANT DATES:

May 3 - AM Bike Safety Clinic @ Legal Arena

May 8 - Grade 3/4s Field Trip to Culture Camp

May 11 - PreK/ K IPP Planning - No classes

May 13 - Spring Carnival!! 11am-3pm

May 16 - Agriculture Presentation

May 18 - Tea & Read

May 19 - PD Day - No School

May 21 - deadline for Healthy Hunger Hot lunch orders

May 22 - Victoria Day - No School

May 26 - Pizza Hut Hot Lunch



5109 46 St
Legal, Alberta T0G 1L0
Phone: 780 961 0133



Reminder: We are a
nut free school!
Thank you!



From the Principal and Vice Principal

Dear Legal Public School Families,

So long April, Hello May! We had such a busy past month and got to enjoy so many fun activities! A special thank you to the Durdle family for making an amazing Ukrainian hot lunch for our students to try different foods and explore a variety of Easter treats! Students from prek - grade 4 enjoyed a field trip to Telus World of Science and had an absolute blast! Some said the IMAX was the best part, while others really loved the space station center! Check out the pictures below to see some of their activities.

The first week of May is Education Week, when we will be celebrating our learning and exploring different passions. We have several presenters and activities planned and even Career Day to dress in attire for a career we might pursue in our futures!

This month we are gearing up for our Spring Carnival on Saturday May 13, 2023. We are so excited to bring our community together for a day of fun and hope to see everybody there! If you are willing to volunteer, we are still needing parent volunteers for 2 hour shifts at the concession on that day. Please email Mrs. McKinstry at erika.mckinstry@sturgeon.ab.ca.

On Thursday, May 18th we are excited to host our families and share our gratitude for the support you give your student and our school all year long for "Tea & Read!" Keep an eye out in your child's agenda for your official invitation with more details to come!

Thank you for your continued support,

Ms. Brenneis and Mrs. McKinstry



KIDS
Bike Safety Clinic

→ **May 3rd**
Legal Arena

K-6 STUDENTS
be sure to bring your bike to school!

 **Don't have a bike or can't bring it to school? No problem!**
You can still participate in the course and have your helmet inspected by an AHS nurse.

Facilitated by:
Sturgeon County Bylaw & Alberta Health Services



Building School Spirit!



We have been working on filling our Jar of Positivity for the last two months and finally we did it! How did we fill the jar? Students were given positive praise and a bead to add to the jar when they were seen showing grace and courtesy, helping each other, being thoughtful and kind, and following the school rules. We are so proud of all our students from preschool to grade four, for contributing to our school atmosphere and environment and making everyone feel welcome, respected, and cared for at school. We celebrated with a delicious Pizza Party! Students will vote on their next celebratory milestone as we re-fill the jar with good intentions and positive contributions! Keep being amazing!



I am AWESOME



This month we had a whole school assembly to celebrate ourselves and just how awesome we are! We talked about things that we are good at and that make us unique. And we talked about how we can remind ourselves of these things when we may be feeling down. We did lots of moving, dancing, and made some fantastic posters to remind ourselves how great we are!

April Highlights



Big Waynes
Mini Treats
Truck

sCOOLie
Ice Cream
Truck

Legal Public School

Family
Photobooth



CARNIVAL

You are Invited!

Fundraiser
for NEW
SWINGS!

Thistle Hill
Farm Petting
Zoo



Community members are invited to join us
for a day of fun with family and friends!

Face
Painting



Free Admission
Games and
Prizes



Saturday, May 13th
11:00AM to 3:00PM

5109 46 Street, Legal, AB



VOUCHER

**A Hotdog for Every
Member of Your Family**



ACFA
Régionale de Centralta

sâkipakâwipîsim

Leaf Budding Moon

Pronounced- Sah-ghee-pug-ah-wee-pee-sim



The leaf-budding moon is one of my favorites! The earth continues to wake up and become lush and green. We notice the buds on the trees appear and then transform into bright leaves that adorn the trees with color. The berries and flowers are starting to form, and we hear the playful chirps of birds playing outside. Bees are also very busy at work during this moon. Bees are extremely important because they pollinate plants and food crops! Bees teach us that all living things big and small play an important role in taking care of the Earth.

Fun Facts About Bees

- 1) One honey bee makes less than 1 tsp of honey in its lifetime.
- 2) Bees are very efficient creatures. They use the hexagon shape in the hive to optimize storage and have no wasted space.
- 3) Bees have 5 eyes! There are 2 large eyes, and three smaller ones on the top of the head.



The challenge this month is to research how we can protect the bees!



Miyo Okâwîmâw-kîsikanisik

Happy Mother's Day!

Created By: Indigenous School Counsellor Katie Holubowich

Stay Informed!

There's always something happening in Sturgeon Public School Division!

SUBSCRIBE TO OUR DIVISION NEWSLETTER
<https://www.sturgeon.ab.ca/>

SPS GUIDING PRINCIPLES

Excellence in Teaching

Shared Responsibility

Mutual Respect

Belonging

Learning Choices

Communication



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Legal Public School

[Follow LPS on Facebook](#)

Dear Parents/Guardians,

Mental Health in Schools is a new initiative supported and funded by the Government of Alberta. Positive mental health is a critical component of academic success. Students who experience positive mental health are better able to learn, achieve success and build healthy relationships. The initiative focuses on providing mental health prevention and promotion. As each school and community is unique, services are tailored to address the needs of the student population.

Two designated Mental Health Coaches work in Lilian Schick, Bon Accord Community School and Legal Public School; three days a week, spending half days at each school. Being present in the schools allows students, families and staff to connect with the Mental Health Coaches. Services offered but is not limited include, facilitating social and emotional learning/skill building groups for students, providing students with strategies when they are having difficulty managing their emotions (self-regulation), after school information presentations on various mental health topics for parents and creating partnerships with community agencies. Please note that the Mental Health Coaches do not provide counselling or therapeutic services.

Topics we will be discussing during our visits into your child's classroom in Legal will include:

- Respect
- Kindness
- Responsibility
- Courage
- Worry
- Healthy relationships/ boundaries

Please feel free to reach out and connect with us via email – Kezia Mensah-Franks (Kezia.Mensah@sturgeon.ab.ca) and Marnie Kassian (Marnie.Kassian@sturgeon.ab.ca)

We look forward to working with your school communities!

Marnie Kassian, Mental Health Coach

Kezia Mensah – Franks, Mental Health Coach



Kimochi Corner



In April, we have been working on the Kimochi's Keys to Communication. So far, we have covered the first 5 keys; getting someone's attention, using a talking voice, using a talking face and body, choosing helping words, and redoing hurtful moments. In the lessons we talk about different aspects of communication from body language and verbal communication to reading social cues. During our lessons we have used the Kimochi characters to act out common scenarios and we have discussed how this connects to interactions that happen around our school environment. These were some interesting and helpful conversations! We will be continuing the keys in May where we will be discussing 'being kind and letting others redo' and 'assuming the best'! Please keep an eye out for activities and posters that are sent home, as well as a handout that provides information about how to connect these pieces at home!

STURGEON PUBLIC SCHOOLS

TRUSTEE TALK

Updates from the Board of Trustees for our Sturgeon Public school community
April 2023



Trustee Handbook

The Board of Trustees has developed a new Trustee Handbook that outlines the beliefs, policies and practices related to Board Governance. The Trustee Handbook is a crucial tool to help Trustees lead by example in all decisions and activities, ultimately benefiting public education and the students at Sturgeon Public Schools.

An excellent governance culture is characterized by a Board that consistently operates in an environment of trust, respect and professional demeanor. The Board sets the tone for the entire Division in how it carries out its governance responsibilities, and the handbook contains clear statements and explanations of the connections between policy and application and the process where the direction of the organization is set that guides the Board's decision-making processes.

The handbook includes expectations and procedures for individual trustees, both as members of the Board and as representatives of the communities that elected them. Trustees are expected to govern themselves accordingly. As per policy 225, the Board evaluates itself annually against Board effectiveness in meeting policies, norms, principles, protocols and expectations contained in this handbook to continually improve its governance practices.

The Board of Trustees believes that transparency and accountability are essential in ensuring public confidence in its operations and conduct. That is why the handbook has been shared on the [Division website](#).

The 2023 Education Planning Assurance Report

Each year, the Sturgeon Public Schools Education Planning team releases their Education Planning Assurance Report. This Report outlines the various ways the Division is ensuring that:

1. Sturgeon Public students demonstrate strong achievement across provincial learning outcomes, engage critically and continuously progress as learners;
2. Sturgeon Public teachers and principals demonstrate all dimensions of the Teaching or Leadership Quality Standard in a collaborative culture of learning; and
3. All students belong and learn in environments that support their needs. Public confidence is built when system resources are used to ensure optimum learning for all.

Click [here](#) to view the 2023 Education Planning Assurance Report and learn about the work completed in schools across the Division to build achievement, develop instructional practice and ensure that all students belong and have access to optimum learning.

Updated Policies: 110, 115 & 125

At the April 26th Public Board Meeting, the below Policies were reviewed by the Board of Trustees. Policy 115 and Policy 125 were approved with no amendments. Policy 110 was amended to include an additional clause, which addresses the importance of celebrating student and staff cultures and collaborating with community and cultural leaders to build connections to those cultures.

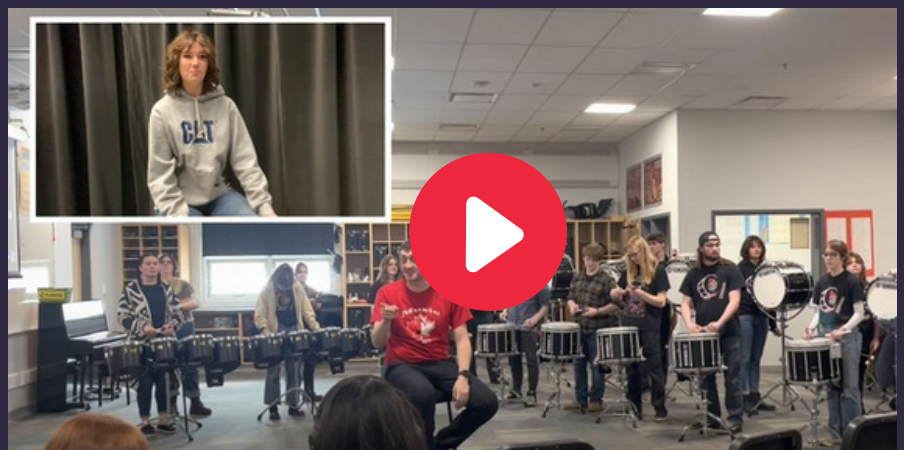
Policy 110 - Welcoming Inclusive, Safe and Healthy Environments

Policy 115 - Sexual Orientation and Gender Identities

Policy 125 - Advocacy Plan

Check out the SCHS Drumline

At the April 26th Public Board Meeting, the Sturgeon Composite High School Music Program shared an outstanding video showcasing their award-winning Drumline! To see clips from their performances and to learn more about the ways that the students have benefitted from being a part of the Drumline, click [here](#).



In Our Legal Community

<https://www.legal.ca/>

LEGAL'S TOWN WIDE GARAGE SALE



JUNE 3



ANNUAL SPRING LARGE ITEM PICKUP

NEW **GFL** will be picking up large items curbside on
TUESDAY, JUNE 6 ONLY starting at **7 A.M.**

Be sure to have **all items out** for collection **by end of day MONDAY, JUNE 5.**

Special notes:

- All large items are to be put out at the **front of your property** for collection (no back alley collection).
- All items must be less than 6 feet by 3 feet (1.8 metres x 0.9 metres) and weigh less than 200 lbs. (90 kg).

Some examples of acceptable items for collection include:

- | | | | |
|------------------------|---------------------------------|----------------------------------|------------------|
| • Stoves | • Lawnmower (all fluid drained) | • Furniture | • Lawn furniture |
| • Barbecues (no tanks) | • Mattress & Box Springs | • Snowblower (all fluid drained) | • Toilets |
| • Washer & Dryers | • Rain Barrels | • Sinks | • Wheelbarrow |

The following items will **NOT** be picked up by GFL or the Town and is the responsibility of the Homeowner:

Agricultural chemical containers, liquids, paint, sewage/septic tanks, hazardous waste, toxic waste, chemical or chemical waste, radioactive waste, oil & filters, tires & rims, vehicle hulks, antifreeze, asbestos, tar, drums, batteries, animal waste.

These can be dropped off at the City of Edmonton Eco Stations: 11440 143 St. | 5150 99 St. | 5355 127 Ave Phone: (780)442-5311

RV Fridges and **Freon** bearing appliances require a **\$20.00 disposal fee** payable prior to pick up.
Call the Town Office to pay & register for Freon pickup.



Did you Know that Sturgeon Public School Division also has access to Social Workers? They can help connect families to various community supports, mental health supports, navigating new systems, and many other areas. Contact the school for more information!